It's never too late to learn an instrument!

Jump-Start Theme — "Classical Guitar Jump-Start: 7 free power-packed videos for beginners" By Laurie Randolph

Lesson No. 2 "let's play blues"— Basic thumb plucking ... Blues Duet

Now pretend this your closed right hand is a boat on the water and this the thumb is your oar. We're going to take the oar out of the water, place it at the side of the boat, and push in the water. Once more, go around and place in the water and ... row the boat. As you see, you are making a circular motion with your thumb. The axis of the motion is here toward your wrist, and you can actually see the tendon moving as you go. You don't want to bend your thumb; that hurts. And you don't want to row under the boat. A paddle oar always stays straight.

Now we're going to row the boat, and place the hand on the guitar strings in the same way.*Anker the fingertips on the strings. The left corner of the thumb plucks the string, pushing down slightly before plucking. And then ... I am rowing the boat. I am not doing that bending thumb and playing under the palm . The paddle is going to stay straight, and is going to stay at the side of the boat.

To change the tones on the guitar you're going to use your left hand, and you're going to press the string down. I said fret by mistake. In order to do that we need to have the thumb opposing the fingers. If you're going to play like that ... or like that ... you're not going to have a good effect. You need to have the thumb opposing the fingers just like an animal would have its bottom jaw meet its upper jaw, in order to eat.

Let's try a little blues. I'm going to play the 6th string, E ... the 5th string, A ... and press the second fret of the A-String for the note B. The blues bass is played once through. Practice with the video. If you have a friend who plays the guitar, he can play the chords E7 ... A7 ... and B7 at the same time you are playing the blues bass. The chords are played in the same tempo as the bass. I'm your friend now. You try to accompany me by playing the blues bass in the same tempo.

You can download the tablature separately from my homepage.